

# HOW TO DEAL WITH INAPPROPRIATE BEHAVIOUR

No matter what class you teach, you will have students who behave inappropriately. The chart provides a list of behaviour, strategies and specific things that will help you with these students.

The Strategies and Specific Things to Do are Interchangeable:

| BEHAVIOURS  | STRATEGIES                           | SPECIFIC THINGS TO DO  |
|---|--------------------------------------|--|
| <p><b>ATTENTION SEEKING</b></p> <ul style="list-style-type: none"> <li>• Calling/speaking out</li> <li>• Walking around</li> <li>• Temper tantrums</li> <li>• Exaggerated need to please</li> </ul>  | <p><b>Do the unexpected</b></p>      | <ul style="list-style-type: none"> <li>✓ Stop speaking temporarily</li> <li>✓ Turn out the lights</li> <li>✓ Shift student attention to something new</li> <li>✓ Alter your voice</li> </ul>   |
|   | <p><b>Engage the student</b></p>     | <ul style="list-style-type: none"> <li>✓ Ask a direct question</li> <li>✓ Speak with student directly</li> <li>✓ Give the student a specific task</li> </ul>                                   |
|   | <p><b>Use a low key response</b></p> | <ul style="list-style-type: none"> <li>✓ Stand closer to the student</li> <li>✓ Use “the look” or gestures</li> <li>✓ Use student’s name</li> <li>✓ Pause</li> </ul>                           |
| <p><b>POWER / REVENGE</b></p> <ul style="list-style-type: none"> <li>• Defiant</li> <li>• Physical attacks</li> <li>• Uses personal put downs</li> <li>• Teasing/bullying</li> </ul>                 | <p><b>Alter the environment</b></p>  | <ul style="list-style-type: none"> <li>✓ Remove others who support the student</li> <li>✓ Change the student’s schedule</li> <li>✓ Meet student’s need to belong and feel included.</li> </ul> |
|   | <p><b>Set clear consequences</b></p> | <ul style="list-style-type: none"> <li>✓ Loss of class/school privileges</li> <li>✓ Repair/replace damaged articles</li> <li>✓ Involve parents</li> </ul>                                      |
|   | <p><b>Use a “Time Out”</b></p>       | <ul style="list-style-type: none"> <li>✓ Time with another class</li> <li>✓ Time in a separate area</li> <li>✓ Time at the office</li> </ul>   |

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| BEHAVIOURS  | STRATEGIES                                  | SPECIFIC THINGS TO DO  |
|---|---|--|
| <p><b>FEAR OF FAILURE</b></p> <ul style="list-style-type: none"> <li>• Exaggerates learning disabilities</li> <li>• Creates excuses</li> <li>• Incomplete assignments</li> <li>• Procrastination</li> </ul>  | <p><b>Change mode of instruction</b></p>    | <ul style="list-style-type: none"> <li>✓ Alter pace</li> <li>✓ More activity involving students</li> <li>✓ Accommodate needs/modify program and/or expectations</li> </ul>   |
|   | <p><b>Build self-esteem</b></p>             | <ul style="list-style-type: none"> <li>✓ Acknowledge what student “can do”</li> <li>✓ Work on strengths</li> <li>✓ Stress past successes</li> <li>✓ Appreciate contributions</li> </ul>  |
|   | <p><b>Provide additional assistance</b></p> | <ul style="list-style-type: none"> <li>✓ Home assistance</li> <li>✓ Parent volunteers</li> <li>✓ Peer tutoring</li> </ul>  |
| <p><b>BOREDOM</b></p> <ul style="list-style-type: none"> <li>• Ignoring teacher/task</li> <li>• Preoccupied with toys, pencils, etc.</li> <li>• Whispers to others</li> <li>• Passing notes</li> </ul>     | <p><b>Do the unexpected</b></p>             | <ul style="list-style-type: none"> <li>✓ Alter pace</li> <li>✓ More activity involving students</li> <li>✓ Accommodate needs/modify program and/or expectations</li> <li>✓ Shift student attention to something new</li> </ul> |
|   | <p><b>Build student-teacher rapport</b></p> | <ul style="list-style-type: none"> <li>✓ Engage the student</li> <li>✓ Give the student a specific task</li> <li>✓ Show interest in student’s activities</li> </ul>  |
|   | <p><b>Empower student</b></p>               | <ul style="list-style-type: none"> <li>✓ Build on strengths/skills</li> <li>✓ Provide leadership opportunities</li> <li>✓ Offer choice</li> </ul>  |